

# CPD EVENT RECORD

## Manual Therapy and Modern Medicine

with Dr Stephen Sandler DO PhD

**Recording:**  
*Learning  
by Oneself*

### Summary

This discussion aimed to illustrate ways in which manual therapy might help rehabilitate patients who were recovering from COVID-19 by addressing lung function through soft tissue, fascial and cranio-sacral connections. It was emphasised that there is no evidence to support claims that osteopathy or chiropractic can boost the immune system, and that practitioners must be very careful to state accurately what they expect to achieve, and that this must be based on evidence. The relevance of telephone triage and use of PPE was discussed, as well as safe disposal of protective equipment

### Chiropractic Code 2016

**A** Put the health interests of patients first

A1 A2 A3 A4 A5 **A6** A7

**C** Provide a good standard of clinical care and practice

C1 C2 C3 **C4** C5 **C6** C7 C8 C9

**E** Obtain informed consent for all aspects of patient care

E1 E2 E3 E4 E5 E6 E7

**G** Maintain, develop and work within your professional knowledge and skills

G1 G2 G3 G4 **G5** G6

**B** Act with honesty & integrity. Maintain the highest standards of professional/personal conduct

B1 B2 **B3** B4 B5 B6 B7 B8 B9

**D** Establish and maintain a clear professional relationship with patients

D1 D2 D3 D4

**F** Communicate properly and effectively with patients, colleagues and other healthcare professionals

F1 F2 F3 F4 F5 F6

**H** Maintain and protect patient information

H1 H2 H3 H4 H5 H6 H7

### Certification

This certificate confirms that

participated in this CPD event

  
S L BRUCE, APM Director

Date:

90 minutes  
**Learning by Oneself**  
Recorded

  
Academy  
of PHYSICAL MEDICINE

### Osteopathic Practice Standards 2019

**A** Communication and patient partnership

A1 A2 **A3** A4 A5 A6 A7

**B** Knowledge, skills and performance

B1 B2 B3 B4

**C** Safety and quality in practice

C1 C2 C3 C4 **C5** **C6**

**D** Professionalism

D1 D2 D3 D4 D5 D6  
D7 D8 D9 **D10** D11 D12

Objective Activity: None  
**Communication & Consent: Yes**

### Evaluation, Reflection and Impact on Practice

On reflection, this was a very encouraging look forward to how I will be able to apply my own therapy to help people recovering from COVID-19. The suggestions regarding PPE were particularly pertinent and will apply to many future situations.

### Confirmation

I confirm that this is an accurate reflection of my learning during this event.

Signed: .....