# **CPD EVENT RECORD**

## **CURRENT EVIDENCE**

with Dr Malcolm Kendrick

# Live Event: Learning With Others

### Evaluation, Reflection and Impact on Practice:

This discussion examined the quality of data evidence for a variety of healthcare interventions and procedures. These included coronavirus reporting and protocols, diabetes, cancer and particularly cardiovascular disease. The reliability of the medical evidence-base as a whole was touched upon and some areas where it was open to misinterpretation explained. The role of practitioners in communicating evidence to patients, especially when that evidence conflicted with NICE or other guidelines was considered and the need for a balanced view was emphasised. The potential for personal belief, instinct or conviction to impair one's analysis of evidence was made clear.

### Reflection:

My reason for taking part in this CPD was borne of a desire to ensure that I can offer valuable healthcare advice to patients, even when it relates to areas outside my own area of medical expertise. From this training, I am better able to understand the evidence pertaining to coronavirus and CVD, and am reminded of how I might effectively and constructively communicate that knowledge to patients. This will contribute significantly to instilling confidence in those patients, and helping through contextual components to improve their treatment outcomes.

### **Chiropractic Code 2016** Put the health interests of Act with honesty & A patients first integrity. Maintain the highest standards of professional/personal conduct B1 B2 B3 B4 B5 B6 B7 B8 B9 **A1** A2 A3 A4 A5 A6 A7 Provide a good standard of Establish and maintain a clinical care and practice clear professional relationship with patients C1 C2 C3 C4 C5 C6 C7 C8 C9 D1 D2 D3 D4 Communicate properly Obtain informed consent for all aspects of patient and effectively with patients, colleagues and other healthcare professionals E1 E2 E3 E4 E5 E6 E7 **F1** F2 F3 F4 F5 F6 ■ Maintain and protect Maintain, development work within your Maintain, develop and patient information professional knowledge and

**G1** G2 **G3** G4 G5 G6

H1 H2 H3 H4 H5 H6 H7



# I confirm that the figure shown accurately reflects the time spent by me on this event. Signed: Osteopathic Practice Standards 2019 A Communication and patient partnership A1 A2 A3 A4 A5 A6 A7 B1 B2 B3 B4

Objective Activity: None
Communication & Consent: Yes

Professionalism

D1 D2 D3 D4 D5 D6

D7 D8 D9 D10D11D12

Safety and quality in

C1 C2 C3 C4 C5 C6

practice

Confirmation