## CPD EVENT RECORD TREATING SHOULDER PAIN

**Live Event:**Learning
With Others

with Simeon Niel-Asher

This 2-day course covered the mechanisms behind a number of shoulder pathologies, including Frozen Shoulder, Rotator Cuff Dysfunction and Sub-Acromial Pain Syndrome. Comparison was made with the similar processes behind a number of hip/groin problems. Relevant orthopaedic tests were explained and demonstrated.

Evidence-based treatment protocols were explained in detail and practised under expert supervision. Explanations were given on how to modify the protocols where circumstances made this necessary, time-frames for recovery were given, and exercise protocols to support treatment were outlined.

Two real patients were treating, helping to illustrate the changes which could be effected.



**Evaluation, Reflection and Impact on Practice** (this part of the certificate is **not** automatically generated - it has been entered by the participant)