CPD EVENT RECORD

Women's Health

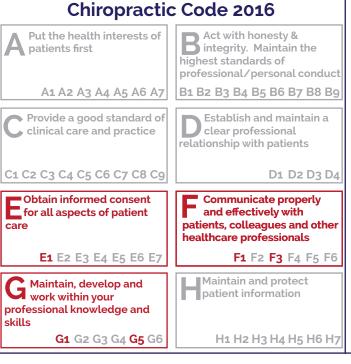
with Dr Hannah Shortt

Recording: Learning by Oneself

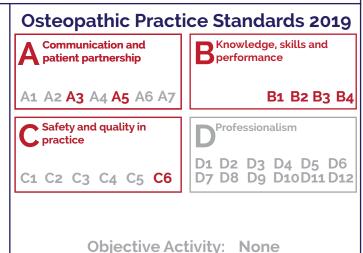
Summary

This discussion concentrated on the effects of menopause, including symptoms that can mimic MSK problems. The merits of different forms of HRT were discussed, as well as various risk factors. The merits of bio-identical and body-identical medications were compared, and the degree to which women were able to choose clarified.

A number of helpful resources were also shared, where practitioners and patientds can seek further information and help.







Evaluation, Reflection and Impact on Practice

On reflection, there was lot of useful information in this discussion which will help me advise my own patients, particularly in terms of reassurance over risks, and signposting to helpful resources.

Confirmation

Communication & Consent: No

I confirm that this is an accurate reflection of my learning during this event.

Signed:
